



*Fifth Avenue United Methodist Church*  
*Family Connections*

Volume 25 No. 7

July 2020

**Our Mission:** We are a welcoming Christian Community where all can experience the saving grace of Jesus Christ. We are growing as disciples of Christ as we teach, support, and nurture one another in ministry to our community and world.



## **WORSHIP WITH US!**

**Sundays: 9:30am**

- |                |   |
|----------------|---|
| <b>July 5</b>  | <b>5th Sunday After Pentecost<br/>Sacrament of Holy Communion</b> |
| <b>July 12</b> | <b>6th Sunday After Pentecost</b>                                 |
| <b>July 19</b> | <b>7th Sunday After Pentecost</b>                                 |
| <b>July 26</b> | <b>8th Sunday After Pentecost</b>                                 |

**Please note that worship services and other activities are subject to change due to the July newsletter deadline of June 15.**



## A Graceful Mess

By: Megan Vollmer

### One Thing a Day

Taking care of ourselves physically and emotionally is important. Prioritizing mental health can seem intimidating and unrealistic for those of us who don't seem to have enough hours of the day, but we can do it. Just like any new habit, it's a good idea to start small if we plan to realistically adopt a new practice into our lives for a sustainable amount of time.

To start, do one thing a day that gives YOU happiness. Just do one thing a day that makes you enjoy. It doesn't have to



be big, cost tons of money, or take an hour. Find something that fits into your lifestyle and just do it. Do it without feeling guilty about it and without spending every minute thinking of what you could be doing instead. Don't make it the first item

on your agenda that gets scratched off either when times get

## Retreat Cancelled

The **Women's Retreat** that was planned for September 2020 has, sadly, been cancelled.

Uncertainty about the safety of large gatherings especially at Cedar Ridge and having a speaker who needed to travel from Florida caused us to cancel. We are expectantly looking forward to next year for a day of fellowship, faith, and enrichment.

**Your United Methodist Women Board**

## A Thank You Note

Thank you to Bruce & Bonnie Nissly for planting the beautiful flowers around the church.

## Parish News

### Wedding

**Biancha Martinelli and Robert Broadwell** on  
June 13, 2020



### Deaths

**-Steve Bartlett** on April 14. He is the son of **Jon & Jean Bartlett** who were pastors at Fifth Ave. from 2004-2007. Steve passed away from COVID-19. He was 42 years old. You may send cards to Pastors Jon & Jean at 813 Seymour St., Waupun, WI 53963.

**-Bob O'Toole**, brother-in-law of Shirley (Dick) Simmons on June 12.

### Lunch Group At the Ridge!



The Lunch Group may meet on **Thursday, June 18 21 at 12:00 Noon** at Top of the Ridge Restaurant.

Please call **Carol Flanders, 334-9662**, if you plan to attend or if it will be available. Deadline is **Tuesday, June 16**. Lunch will be ordered off the regular menu.

Open to members and friends of Fifth Avenue.

### **Thank You!**



Hurrah! **290 school bags, 179 school supply kits and 16 hygiene kits** were taken to a pick-up site in Hartford. From there these kits will be distributed by the WI Conference Ingathering.

Hygiene kits are especially needed in this time of high unemployment. Midwest Mission Distribution Center distributes school bags and kits to needy children in the US and around the world. **A huge thank you** to everyone involved in this special mission project; your work and dedication are a blessing to so many people.



### **Sunday Morning Adult Study**

### **Sunday Morning Adult Bible Studies**

The Adult Sunday School continues to meet every Sunday **from 10:00-10:45am in the Disciple Room** (across from the Fireside Room). Please check office to see if they meet in June. Please feel free to join them.

### **The following “People at Home” will have July Birthdays:**

**Mary Lou Huenemann (July 2)**

Cedar Bay West  
5555 Cedar Bay Dr. #2103 WB 53095

**Happy  
Birthday**

**Betty Nelson (July 11)**

Cedar Bay East  
5577 Home Sr. #223  
West Bend 53095



**Breakfast Group** may meet on **Tuesday, July 7, 2020**. Meet at 8:30am at **Copper Penny**, 1700 E. Washington St., West Bend.

Please call the restaurant to see if it will be open.



Prayer  
Shawl  
Ministry

### **Prayer Shawl Ministry**

Mark your calendar to join this group of knitters and crocheters who meets every Tuesday at **1:00pm in the Fireside Room**. Please call **Barb Johnson** to see when they will begin in July. Feel free to



### A Thank You Note

Dear Rev. Clarissa and Members of Fifth Avenue:

Our family is grateful for the outpouring of cards and letters from your congregation. It warms our hearts to know the positive influence Helen's gentle but strong character had on others. Church was central to Helen, and it is wonderful to know that many of the projects she held dear will carry on through many of you.

The Myrhum-Patten Funeral Home site has Helen's obituary and two videos. One is a video of photos taken throughout Helen's life and the other is a video of the private funeral service officiated by Pastor Clarissa.

**With love,  
The Family of Helen R. Rilling**

### Kitchen Reminders

Anyone using the kitchen for either church or personal events, please remember the following:

- 1) Clean-up after yourselves. This includes washing all dishes/utensils and putting them away.
- 2) Wipe down all counters and stove tops/knobs, if used.
- 3) Take home all dishcloths and dishtowels to wash and return to the kitchen.
- 4) Next to the upright freezer, there are two (2) refrigerators. The almond color refrigerator is for FAUMC use; the white refrigerator is strictly for the senior dining program. There is another FAUMC refrigerator located in the corner of Fellowship Hall.
- 5) Any food item left in the refrigerator needs to have a name and date placed on it.

Thank you for your cooperation. If you have any questions or concerns regarding the kitchen, please contact Ann Cording (262) 675-6804.